

MINDJOURNAL

WHAT IS AUTISM?

It is a complex neurodevelopmental disorder which impairs our communication, behaviors and social interaction.

It is typically diagnosed in children between 3-6 years of age.

Boys are four times more likely to be affected than girls.





What is autism?



What it is



What it isn't



A neurodevelopmental difference (different brain wiring), a natural variation



A learning disability



Affects every aspect of a person's being: how they perceive, experience, interact with and interpret the world



An illness or disease





Bad behaviour/willful defiance



A minority neurology



Bad parenting





Affects only children

What is Autism?

Autism is a wide-spectrum disorder This means that no two people with autism will have exactly the same symptoms. As well as experiencing varying combinations of symptoms, some people will have mild symptoms while others will have severe ones.

A person with autism feels love, happiness, sadness and pain just like everyone else. Just because some of them may not express their feelings in the same way others do, does not mean at all that they do not have feelings - THEY DO! It is crucial that the Myth - Autistic people have no feelings - is stopped! Therefore, it is important that you educate people who carry this myth in a helpful and

informative way.



April is Autism Awareness Month